

Finding Yourself

Ghandi is quoted as saying, “Lose yourself in service to others”. We might argue that in serving the needs of those around us, we become fully alive and rather than lose, we actually find ourselves. Every day we have the opportunity to support people through doing small things. Simple acts of saying hello and pausing to really listen can open the door to making a difference in someone’s life.

The story of Jesus kneeling to wash the grime off the disciple’s feet tells us of a God who kneels with us in the muck of life and gently wipes it away. We are called to kneel with those around us and similarly lighten their load.

Principal’s Log

In recent years, considerable advancements have been made in the understanding of wellbeing and the importance of developing the social emotional. The science of wellbeing provides insights into ways in which whole communities can enhance the wellbeing of its members. The enhancement of wellbeing for staff, students and by association, parents, is a focus for the college as part of our strategic plan for the next three years. As well as our keynote speaker at the start of this term, staff members have been attending conferences for a number of years to build on Pacific’s strong culture in this area. We look forward to growing together in the enhancement of wellbeing.

This week, we began learning with and from others outside of our community using our video conferencing technology. The video conferencing capacity of the college means that young people can connect to learning from anywhere around the world. This might mean that students exploring the sustainable use of water can connect to students of the same age in China, Singapore or the Northern Territory. These are early, small and simple steps that will lead to rich learning.

We are drawing to the end of the Monday Night Netball season at Fisherman’s Road. Students have benefitted from being part of the competition and it was good to see the success of the Year 7 team, coached by Miss Marnie Finter and Mrs Andrea Burnett. We wish them well as they go

forward to the grand final on Monday. Thank you to all of our coaches and in particular Teacher in Charge of Netball, Mrs Leigh Drogemuller, for her inspiring leadership.

The rugby season is also drawing to a close with teams having played well in a more competitive season structure. Well done to our First XV team who showed good skills and team spirit in their matches this year. Congratulations to our Under 13 team and coach, Mr Andrew Block, for reaching the grand final next week. Thank you to our Teacher In Charge of Rugby, Mr Darren Hooper, for his dedicated leadership in keeping rugby moving forward this year.

The Cambodian team recently visited the Lutheran and Catholic congregations to thank them for their support in raising funds throughout last year. The funds raised have enhanced the lives of young people in the Rainbow Hostel for tertiary students in Phnom Penh and the Krus Village Life Centre in the Kampong Chhnang province. It was heartening to see various groups coming together within the Caloundra community to make a difference in the lives of others. Thank you to our team leader Ms Karen Schultz, well supported by Ms McMillan, Pastor Smith and past and present students, for taking the time to express our appreciation.

This morning, Ms Schultz led a staff devotion and reminded us that as we interact with those around us, we are invited as

guests into their lives. As guests, may we respectfully look for and act on opportunities to make a difference.

Dr Bronwyn Dolling, Principal

Appreciation Corner

Thank you to...

... our netball coaches Mrs Andrea Burnett, Dr Peter McMahon, Mrs Toni Fisher, Miss Marnie Finter, Taleah Shelley and Teacher in Charge of Netball, Mrs Leigh Drogemuller, for their commitment and leadership of the Monday Night Netball teams.

... our rugby coaches Mr Andrew Block and Mr Darren Hooper for their commitment and leadership of the rugby teams throughout the season.

... Mr Joshua Danzey for his commitment and dedication in coaching our team in the Kawana Touch competition.

... St Marks Lutheran Church and Our Lady of the Rosary congregations for their support of our service in Cambodia.

... Ms Karen Schultz, Ms Michelle McMillan, Pastor Smith and past and present students who attended the services on Sunday to personally thank each congregation for their support and speak about the Cambodia project and the people their support helps.

Daily Bread

'Feet Washing Flash Mob' ... sort of ...

Jesus came amongst the disciples and washed their feet. He explained that he was setting an example for us to follow, that as the master of his disciples, he was serving them in ordinary ways by washing their feet. This act was an example for us to follow by finding opportunities to serve others and to not think so highly of ourselves.

As you read this article, there is a 'feet-washing flash mob' happening in Brisbane. Over this coming weekend, representatives of Lutheran communities throughout Queensland will be meeting in Middle Park for the annual Lutheran Convention of Synod.

There will not actually be any 'foot-washing' happening, but in the example Jesus set, these men and women from all corners of the state will be meeting to do the business of the

Lutheran Church. This will include deciding budgets, providing training and promoting schools and care ministries. The meeting will consider all those rather ordinary things that need to be done to help the Lutheran Church flourish in Queensland.

This convention is the highest authority for decisions amongst Lutherans in Queensland and is made up of ordinary faithful men and women who come together as volunteers to serve others in Jesus' name. Pacific is included in the group of people who are 'served' by the delegates at this Lutheran Synod. Our college was established by a decision of a similar convention way back in the 1990s and the annual gatherings have been providing for us all these years.

We thank God for this faithful service of the delegates of the Lutheran Synod.

Pastor Paul Smith, College Pastor

From the Head of Staff and Students P-5

Finding time for a chat with our children is often difficult. Work and time pressures often override the opportunities for parents and children to spend time together. Last Friday, a number of students and their parents supported National Walk to School Day, joining with staff to walk to school from Oakdale Park, which is about 800m from the college. A number of students who live locally also walked or rode to school. Thanks to those who participated and supported this worthwhile activity.

Prep – Year 2 Cross Country

This term, all students in Prep – Year 2 have been busily training for the Cross Country Carnival, which will be held on Tuesday 2nd June, starting at 9.00am. A letter providing details of the event was sent home this week. All parents are warmly invited to come along and support their children's participation in the event.

Developing Emotional Resilience in Children

Negative habits of mind greatly fuel emotional discomfort. These negative habits include self-downing, the need to be perfect, the need for approval, the 'I can't do it' or 'I can't be bothered' mindsets and being intolerant of others. The need for approval is another negative habit of mind that can be detrimental to a child developing resilience.

This week, I would like to continue to share some strategies from the You Can Do It Program, which may help eliminate or balance these negative mindsets.

To Eliminate 'Needing Approval'

To help a child who is overly concerned with what others think of them, you should find an opportunity to explain that while it is nice to be liked and approved of, your child does not need the approval all the time. The following should be communicated: "You know that there are only a very few things we need in life and these include food, shelter and clothing. While it may feel like we cannot stand it when we aren't approved of or that it is horrible to be criticised, it is important to know that it is something that you can put up with and survive". You should emphasise to your child that it is equally important to have an independent attitude and not be afraid to try new things.

Other suggestions for eliminating your child's needs for approval include the following:

- Encourage your child to complete their schoolwork independently. If your child has a question, you should use the Praise, Prompt and Leave procedure (say something positive about what the child knows/has done, provide a brief prompt about the next step and then walk away).
- Recognise your child for completing work independently.
- Teach your child not to judge or evaluate their work until after a certain period of time.
- Do not give your child too much attention when they express negative feelings about work.
- Encourage your child to participate in social activities, rather than avoid them.
- Acknowledge your child when they have 'survived' social situations they considered stressful. Say: "See, you are strong enough to put up with unpleasantness".

Mr David Druery, Head of Staff and Students P-5

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From the Head of Senior School Students

'Sleeping for Success': Positive Schools Conference

Last week, I attended the annual Positive Schools Conference held at the Brisbane Convention Centre. The conference involved a number of highly regarded speakers who focused on the mental health and wellbeing of young people.

The Chairs of Positive Schools, Dr Helen Street and Neil Porter welcomed that today's young Australians are part of a rapidly developing global community. As such, it is vital that they are nurtured with effective social and emotional education at a local community level.

Over the remainder of this term, I will share notes from the various presenters, I hope you find it valuable as we 'walk' together in a young person's educational journey. This week, I share Dr Michael Carr-Gregg's session 'Sleeping for Success' – something to reflect on as students prepare for the upcoming exam block.

This session focused on a need for communities to reflect on 'Beducation' with research presented that 40% of Australian's are not getting enough sleep.

Dr Carr-Gregg advised that the function of sleep is to repair and reorganise the brain. This is critical for learning as young people integrate the knowledge that they absorb during a day with prior experiences. He stated that the ideal amount of sleep time for teenagers is nine hours.

In summary, Dr Carr-Gregg articulated that 'Sleeping for Success' is:

- Deciding that sleep is a priority.
- Making your bedroom a haven for sleep.
- Winding down.
- Reducing the amount of light exposure at least 30 minutes before you go to bed and make the room as dark as possible.
- Establishing a regular bedtime and wakeup time.
- Sleeping in a cool, dark, quiet place.
- Making the bedroom a technology free zone (no television, phones or screens).
- Avoiding caffeine after lunch.

Community Connections

An important component in the development of students is inspiring them to adopt a sense of civic responsibility to the communities they live in, beyond the school context. Over the

weekend, 15 of our Senior College students participated in the 'Relay for Life' charity event, raising \$750 (and still counting), strongly supported by some of our parents (special thank you to Mr and Mrs Watt).

This initiative was organised by a group of senior students on top of and external to the college's fundraising initiatives for the Salvation Army this term. All of these students are also collecting this Sunday at the Red Shield Appeal.

Providing opportunities for young people to volunteer their time to assist others is a pursuit that will immensely benefit their personal growth and lifelong experiences. It is great to see students take initiative and serve beyond the school context. We continue to grow young people to think beyond self, given the many service-learning opportunities at Pacific.

Protecting the Brand of You!

In Term 3, the Australian Communications and Media Authority (ACMA) will visit the college to present cyber-safety information sessions for students, staff and families. An important focus of these sessions is to continue to raise awareness of appropriate choices in the online environment and how students can use technology to create positive connections and enhance their learning experiences.

Further information will be communicated soon; however, parents and/or guardians can access the links below that provide quality information about how children and young people use the internet, the risks they face in using this and strategies to manage risks at home:

- ACMA manages the National Cybersafety education program. The program is part of the Australian Government's commitment to promoting online safety for children and young people. Their website provides great resources and information about technology (<http://www.cybersmart.gov.au/Parents.aspx>).
- ThinkUKnow was created by the UK Child Exploitation Online Protection (CEOP) Centre as an internet safety program delivering interactive training using a network of accredited instructors from partner agencies. ThinkUKnow Australia is a partnership between the Australian Federal Police (AFP), Microsoft Australia, Datacom and the Commonwealth Bank of Australia and is proudly supported by the New South Wales Police Force, Northern Territory Police, Queensland Police, South Australia Police, Tasmania Police, Western Australia Police and Neighbourhood Watch Australasia. There are links to resources and information outlining internet safety and security issues, particularly those that confront young people

like privacy and reputation management (<http://www.thinkuknow.org.au/site/>).

Miss Kim Stone, Head of Senior School Students

Senior College Exams

Senior College exams will run from Tuesday 9th June to Monday 15th June. Students have received their exam timetable, which will also be made available on the college app and website next week. All students are required to return a signed permission form indicating when they will be on campus or studying at home. For students who prefer to remain on campus during exam week, a supervised study room will be available.

Ms Sue Arahill, Director of Teaching and Learning

Stars of the Week

This Week Monday 25th May

Prep	Lanayah Halligan-Howlett	Noella Finney
	Jared King	
Year 1	Monty Palmer	Amelie Bradley
	Zaice McLachlan	
Year 2	River Boyall	Riley Shepherd
	Ash Broome	Hayden Burnett
	Georgia Karavolas	Alexandra Schlotterbach
	Bailey Ackerman	Joe Harrys
	Grace Cawley	Nicholas Cooper
Year 3	Jack Young	Archie Palmer
	Jayden Fioraso	Marcus Phythian
	Taj Turney	Jackson Bailey
Year 4	Elizabeth Maclean	Lillian Atkinson
	Jack Brewer	Jonti Fisher
	Alex Hughes	Luca Turney
Year 5	Cody Proeger	Alexander Johnston
	Ava Roberts	William Swindles
	Holly Bennett	

You Can Do It Awards

This Week Monday 25th May

Confidence: Bella Lumkes, Sophie Hughes

Persistence: Blake Tadgell, Chelsea Rowe, Finn Jones, Lily Carmichael, Harrison Conroy, Tyler Casement, Summer Naumann, Ruona Akporhonor

Organisation: Elliott Burlone

Getting Along: Macy Brown, Charlise Bell

Resilience: Kylani Symes, Madison French, Mikayla Cross-Pitcher

Other Awards

Mathletics (Gold Certificate) Lachlan Whincop, Cooper Symes, Harrison Hockam

Lost Property



A timely reminder to please make sure all student uniforms are clearly labelled. We have an ever expanding amount of lost property that we cannot return as they are not labelled or the name is so faded we can't decipher it. We also have

an eclectic collection of watches, glasses, jewellery and keys. If you or your child is missing something it may be worth your while to pop into the main office and have a look.

Food for Thought

The Benefits of Deep Breathing

Deep breathing should be a part of our everyday life. It not only can lengthen the years that we live, but can also make us happier, more productive and energetic. Breathing deeply is a well-known stress reliever and has a multitude of health benefits. In our busy lives, we often breathe very shallowly but with a little effort, deep breathing can become an easy and

unconscious part of our daily life. By making a conscious decision to focus on our breath for a part of each day, we can make it so that we regularly breathe deeper without having to think about it at all.

<http://healthywebsites.hubpages.com/hub/health-benefits-of-belly-breathing>

Mrs Annie Williams, School Counsellor

Friends of Pacific

2015 Golf Day

In last week's newsletter, we acknowledged the support of our major sponsor, Coastline BMW and other hole sponsors. This week we would like to recognise the support of the many other local businesses who contributed to our raffle draw and provided support on the day. We would also like to thank the participants as they also contributed to the success of the day. The drizzly skies certainly didn't dampen anyone's spirits or competitiveness as we had 95 players taking to the course!



The overall winner for the day was the Escape Travel team including Neil Playford, Andrew Roberts, Greg Lee and Rod McGregor! Well done, Escape Travel!

A final thank you to everyone involved with the 2015 Golf Day including the players, sponsors and the organising committee so capably led by Mrs Mandy Hentschel and Mrs Allyson Savari.

Thank you to our 2015 Golf Day sponsors!

Major sponsor

Coastline BMW

Hole sponsors



Other sponsors



Mrs Tracey Hindmarsh, Chairperson - Friends of Pacific

Outside School Hours Care

June/July vacation care program now available.

School holidays are from 26th June (student free day) to 13th June (student free day).



A vacation care program has been mailed out to all families on our database and is also available on the college website. If your child is not enrolled and you would like a program, please visit F Block to receive your enrolment

pack, which includes a copy of the program. It is very important that your booking form is filled out correctly and promptly returned as this is the only way to confirm your child's attendance. There is also a lot of important information in the program so please take the time to read it carefully.

Our vacation care program provides a lot of fun and positive and challenging experiences for young people. The activities have been carefully planned to ensure that all children's interests, abilities and ideas are considered. As it is a community-based centre, all school-aged children (including Prep) may attend and this also includes children of other local schools.

Due to increased numbers for before school care, after school care and vacation care it is very important that you give our staff ample notice of your child attendance. We understand that this is not always possible, but there are a few ways that you can contact us to ensure this information is passed on quickly. Our OSHC office phone number is 5436 7328 and this also has a message service which we check regularly. Our family communication book is always available on the sign-in table for families to advise of bookings or cancellations. Please remember that to receive no charge, we require five working days notice of a cancellation.

Afternoon tea is no longer supplied by OSHC, so please bring extra snack items and we will store them in the fridge. We only offer a few choices for children who do not have any food or who arrive late. If your child has any food allergies or dietary requirements please ensure that they have their own food, as we may not be able to cater to them.

Please contact Tanya on 5436 7328 or email oshc@paciluth.qld.edu.au if you have any queries.

Ms Tanya Sheldrick, OSHC Coordinator

Library News

Readers Cup

Last Wednesday, four of our Year 6 students competed in the Sunshine Coast Year 5/6 Readers' Cup competition. After spending the last two months reading the selected titles, the students competed against 26 other teams at Immanuel Lutheran College, answering questions to test their detailed knowledge of the books. It was a fun day with prizes, guest author Aleesah Darlison and booksellers, as well as the opportunity to promote the importance of reading.

Our team members were Ella Wildman, Jayda Lowe, Samuel O'Connor and Astrid Williams.

The Year 8 competition will be held in two weeks' time.



Video Conferencing in the Library

This week, three of our Junior College classes connected with other schools and educators via the video conferencing system in the library. 5C joined Whitsunday Christian College and author Laurine Croasdale to explore persuasive writing, coming up with some creative ideas on topics such as 'Should boys become tooth fairies?' and 'Why the school should buy a flying bus'. 5A then joined experts from Sydney Living Museums to explore what life was like for convicts in the early colonies. 3P connected with author Laurine Croasdale and Grace Lutheran College to learn the secrets of creating memorable characters.



Ms Nell Keen, Teacher Librarian

Science Fair Poster Competition

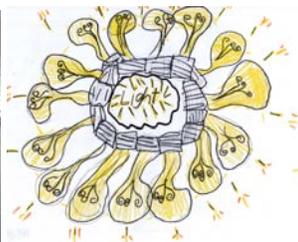
This year, we were excited to run a Science Fair poster competition amongst students in Prep to Year 5. Students were invited to submit a poster in either A4 or A3 size that reflected this year's theme of 'light'.

The entries were bright and bedazzling from Year 1, serious and well thought out from Year 2, whimsical and free-spirited from our Prep students and more structured and focussed from our Year 3 students.

Thank you to all our entrants for your time and impressive art pieces. We would like also to thank Mrs Tanya Graves and Mrs Sue Zweck for their time taken to select our winners.

The winning entrants can be seen on the covers for each of the year booklets and so, it is with much pride and appreciation that we congratulate the following students:

- Grace (Prep H)
- Madyson (1C)
- Hannah (2D)
- Charlise (3G)
- Kirrily (3P)



Mrs Lu Pollard, Year 3 Teacher

After School Mathematics Tutorials



The college wants to support students academically and continue tutorials for students in Years 7-12 who would like extra assistance or clarification of concepts in Mathematics. These tutorials are held on

Monday afternoons, in rooms L13/L14, from 3.20pm to 4.20pm. Mathematics teachers provide assistance. Students are welcome to come along for a quiet place to complete Maths class work, homework or ask for assistance. The expectation is that students remain within the room until 4.20pm, unless picked up earlier by a parent.

If you have any queries about the tutoring, please contact me at the college or email jsteven@paciflutheran.qld.edu.au.

Mrs Jasmin Steven, Head of Mathematics

Music News

Piano Concert

Piano Concert reminder for students of Lesley Seto:

- When:** Thursday 4th June
- Where:** Music Classroom (MC2)
- Time:** Junior (Years 2-5) 3.15pm - 3.45pm
Senior (Years 6-11) 6.30pm - 7.45pm
- Attire:** Junior - uniform of the day
Senior - smart casual clothes

String Concert

String Concert reminder for students of Miss Karlee Hutchinson:

- When:** Wednesday 3rd June
- Where:** Music Classroom (MC2)
- Time:** 3.30pm
- Attire:** Junior and Senior - uniform of the day

Mr Adrian King, Head of Instrumental Music

Junior Sport

Year 3-7 Athletics Carnival

Last Thursday, the 100 and 200m sprint trials were held for all Year 3-7 students. In the 100m sprint, students who finished in the top three places for their house will race in the A Division and students who placed four to six will be in the B Division at the Athletics Carnival. All other students will be able to run in the C division. For the 200m sprints, only the

first two places will run in the A Division and the third and fourth runner from each house will run in the B division.

The discus event was also run for all age groups with ribbons presented for the top three places. Students who finished first or second in their age for under 9 – 12's now have the opportunity to represent Pacific at the District Athletics Carnival next term.

All boys and girls who are turning 13 this year will have the opportunity to compete at the Year 3-7 Athletics Carnival and will be awarded ribbons for individual events and medallions for age champion results. However, if students in this age group wish to represent the college at the district level they will need to attend the Year 8-12 carnival next term and compete against 13 year olds from Year 8. This has been outlined to students on numerous occasions.

The athletics carnival will be held in Week 8 on Wednesday 10th June at the University of the Sunshine Coast. Students will travel to and from the carnival in their class groups by bus.

Prep – Year 2 Cross Country

The Prep – Year 2 Cross Country Carnival is coming up next week on Tuesday 2nd June. Mr David Druery has been preparing the students over the last few weeks by running them around the course. All students will need to wear their sports uniform with coloured house shirt on the day. Below is a map of the course outlining the track for each age group. Students will walk the course from 9.00am, with the first race starting at 9.15am. An information sheet was sent home with students last Friday outlining the full details of the carnival.



Year 4-6 SCISSA

There are only two SCISSA rounds remaining this semester and next Monday is the final after school training sessions for teams. Good luck to all teams in their final two games!

Mr Darren Hooper, Head of Junior Sport

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Secondary Sport

Netball Finals

Congratulations to PLC 6 on making it through to the Monday Night Netball finals this year! Their game will be held on Monday at the Caloundra Indoor Sports Stadium. A full review can be read in the Netball report. We wish the team the very best for next week!

Rugby Finals

This week our rugby teams played in divisional semi finals at Noosa. The First XV team had a tough match against St Teresa's and despite putting up a very good fight, went down to a very experienced and well-drilled opposition. A big thank you to all the boys for their commitment and effort throughout the season. Well done to Mr Hooper for his work with the rugby program and putting a strong outfit together that represented the college well all season.

The U13 team also played a plate semi-final this week and came up against St John's. It was a very close match with neither team gaining a clear advantage. However, it was Pacific who ended up winning the game 17-15 with some fantastic team play and defensive efforts. The U13s now play in the plate final next week at Stockland Park. Well done to all the boys and to Mr Block and Joel McCarron. We wish them all the best in their final game for the season. Go Pacific!



Kawana Touch Season

Throughout this semester, Mr Joshua Danzey has been training a group of enthusiastic touch players to compete in the Kawana Touch competition on Wednesday nights. The boys have been training all year and thanks to the guidance of Mr Danzey, have improved and grown immensely over the season. This week, they played in the semi final match for a place in the grand final. Unfortunately, the team lost in a very high level match, against a much older men's team. Congratulations to all the boys for their commitment and dedication, as well as Mr Danzey for his coaching of the team. We look forward to seeing how the boys go in the Term 3 SCISSA touch season.

Year 7-12 Athletics

On Wednesday afternoons, Mr Graves will be running athletics training for all students in Years 7-12 who would like to be involved. Sessions will run on the school oval from 3.15pm to 4.15pm each week.

The Year 8-12 Athletics Carnival will be early in Term 3, so all athletes are encouraged to start their athletics preparations.

3 on 3 Basketball Competition

Last week, the annual 3 on 3 basketball competition was held at the Pacific gymnasium for Years 7-12, with 18 teams spread across three divisions. This year saw some of the best team uniform ideas and designs we have ever witnessed, along with some of the best basketball played at the school. Overall, it was a hugely successful night and a lot of fun for all. Congratulations to 'Hoops, I Did It Again' for the best team name and to all of the teams who dressed up and participated. A special mention to the grand final winners from each division:

- Learner's division – Pure Warriors (Ethan Hall, Harrison Dines, Patrick Brennand).
- P-Plate division – Penguines (Brooklyn Graves, Phoebe Swan, Louella Hindmarsh, Sophie Empson).
- Open's division – The Prinsloo Bunch (Andrea Prinsloo, Danico Prinsloo, Nico Prinsloo).

Thank you to the Year 11 PE class for all their organisation and effort with the running of the tournament as part of their class assignment. We look forward to the next 3 on 3 competition!



Mr Mark Hauser, Head of Sport

Netball News

Monday Night Netball

Congratulations to the Year 7 team for winning their semi final game against St Johns College, 17 goals to 13. Coached by Mrs Andrea Burnett and Miss Marnie Finter, the team is excited to be playing in the grand final this Monday afternoon

from 4.30pm at Caloundra Indoor Stadium. Families, staff and all Pacific netballers are encouraged to attend and cheer the team on as they play St Andrews Anglican College.



Umpires Needed

We are seeking any keen netballers who are interested in completing their Umpiring Course. If you are interested, please contact PLC Netball Club President, Mrs Natalie Campbell (ncampbell@pacluth.qld.edu.au), PLC Netball Umpiring Convenor, Sam Hutson (samhutson@bigpond.com) or see me at school for more information. Once girls have completed an online course via Netball Australia, a practical course will take place to ensure that they can be paid for umpiring matches before or after their own games. This is a great way to be involved in the game and also earn some extra pocket money!

Mrs Leigh Drogemuller, Teacher in Charge of Netball

Pacific Soccer



Round 9 Update – 23rd May

With the completion of Round 9 last weekend, we are now halfway through the 2015 season. Our 17 teams have settled into the routine of weekly training, followed by weekend games, where they can try out their skills. Again, our keen photographers were busy on the sidelines and we thank everyone for sharing your photos on Facebook.

Our competitive teams all had tough games on the weekend, playing against teams near the top of their table.

Our U11 Pacific Sharks faced the undefeated Currimundi Orcas, a team with the best defensive record this year. Although the Sharks went down 3 goals to 0, the result was an impressive defensive effort by the Sharks, keeping Currimundi to one of their lowest scores for the season.

Our U12 Pacific Snappers also faced the table leading and undefeated Currimundi Mantarays. Although the Mantarays were the better team on the day, the Snappers deserve enormous credit for their effort and the positive way in which

they played the game. There was also great support provided by the spectators.



Our U13 Pacific Hammerheads played the Buderim Ninjas. Although the team has been challenged in 2015, the confidence of the players has been gradually improving and the score lines have been getting closer with each game. Keep up the great effort Hammerheads and good luck for the second half of the season.

Finally, our U15 Pacific Torpedos faced the table leading Bli Bli Bandits at Palmwoods. Once again the Torpedos gave 100% effort on the field, with the players supporting each other throughout the game.

Vacancy in U6 Team

We have a single vacancy in one of our U6 teams, which will allow a player born in 2009/2010 to join this season. Please contact Jenny Lee immediately if you are interested.

Vacancies for U14 Sth Rep Squad

With the recent withdrawal of a couple of players from the U14 Sth rep side, an opportunity is available for other players to join the team. Boys born in 2001 and girls born in 2000/2001 are eligible, so if you are interested in joining, please let us know or call Wayne Platz on 0404 084 834.

International Champions Cup



This weekend is the FINAL OPPORTUNITY to purchase tickets to win seats at one of the biggest sporting events on the football calendar in Australia for 2015 – The International Champions Cup in Melbourne in July.

Pacific Soccer has two Bronze Tickets to see Real Madrid play against AS Roma at the MCG on 18th July, as well as many tempting prizes in our ICC raffle.

First prize includes:

- 2 x ICC bronze tickets to see Real Madrid vs AS Roma.
- \$150 flight voucher from Flight Centre.
- \$100 gift voucher from Crown Melbourne.

Second prize:

- Lazerzone kids birthday party for 10.

Third prize:

- Lazerzone 3 x mission passes and digital camcorder.

Tickets can be purchased through each team and are also available at the canteen at our next home game this weekend. We ask all managers and ticket sellers to please return their raffle tickets (sold or unsold) and money to the canteen this Saturday.

Pacific Soccer

WIN

1st Prize:

2 BRONZE* TICKETS

TO THE BIGGEST EVENT ON THE AUSTRALIAN FOOTBALL CALENDAR IN 2015

REAL MADRID V AS ROMA

INTERNATIONAL CHAMPIONS CUP @ THE MCG

18TH JULY

*1 ADULT & 1 CHILD SEAT

PLUS...\$100 Crown Melbourne Gift Voucher

2nd Prize:

Lazerzone Kids Birthday Party for 10

3rd Prize:

Lazerzone 3 Mission Passes & Digital Camcorder

\$2 per ticket - on sale until 30/5

Winners drawn 30th May @ PLC canteen

Coaching Assistance for U9 Eels

Following our request last week, we would like to thank Dan Phythian, who has offered to take on the role of coach for the training sessions each week. The previous coach, Mike Burlone, may still be available to help with coaching for the weekend games, but we thank both Dan and Mike for their time in helping the team this season.

Thank you also to Nicole Harrys and Elizabeth Stennett, who have shared the manager role this season, keeping the team organised and the players on track.

Assistance for Managers

We ask all our players and families to please help our managers by arriving at games at least 30 minutes prior to kick-off. This will allow ample time for team jerseys to be issued and a light warm up to be completed before the game starts.

If a player is to be away for a game, please let the manager know the week before so there is time to find a replacement. When a player fails to come to a game, it causes uncertainty with the organisation of the team and also affects the other players as well.

We appreciate your assistance on these matters.

Canteen Update



For many years, the Pacific Soccer caps have been an essential and stylish addition for any well-dressed supporter of the club.

We are pleased to announce that our new caps have arrived! The new caps feature flat brims to

satisfy the requirements of our most discerning members. Caps will be available for purchase for \$22 from the canteen this weekend or by contacting our equipment officer, Lisa Ackerman.

Round 10 – 30th May

After a very long break (and wash-out from Round 6) we are hosting home games at Pacific this weekend. Games will commence at 8.30am. The Pacific Hammerheads are playing the final game, which kicks off at 3.15pm. Unfortunately, our U15 Torpedos are playing an away game at Currimundi.

Each manager will have game times, or visit www.SCCSA.org.au for more information.

Parking on Pacific Grounds



During our home games we have restricted parking on the grassed area behind the tuckshop. The vehicles which park in this area belong to committee members, who generally arrive prior to 7.00am and are only parked in this area to easily transport

equipment and supplies into the canteen.

At the last couple of home games and some training afternoons, some private vehicles have also been parking in this area. This presents a serious risk for our players and students and also removes a valuable warm-up area from our competitive teams.

In the interests of player safety, could we please ask all our parents to assist us by using only the main car parks at Pacific or by parking on Red Cedar Drive or at the Meridan fields when joint netball fixtures are being played.

Pacific Soccer Contacts

President: Ian Barnes 0418873320
design.IBAengineers@bigpond.com

Registrar: Jenny Lee 0400 229 908
jengregg@optusnet.com.au

Treasurer: Lala Burnes 0404 487 701
lala@assetaccounting.com.au

Thank you to all our families and supporters for supporting Pacific Soccer. If you have any queries, or if you need any further assistance, please do not hesitate to contact us.

Mr Ian Barnes, President of Pacific Soccer

Church News

St Mark's Lutheran Church Caloundra

Playgroup

Please note there is no playgroup this week due to the Caloundra Show Holiday. Playgroup will resume on Friday 5th June from 9.00am to 10.30am near the Prep rooms at Pacific. All welcome.

Tea in the Park

St Mark's Lutheran Church invites you to a BYO BBQ at Happy Valley on Sunday 31st May from 4.30pm. All welcome to come and enjoy the fun!

Pastor Ray Morris, St Mark's Lutheran Church Caloundra

Uniform Shop

The Uniform Shop is open every:

Wednesday 8.00am to 9.30am
Thursday 8.00am to 9.30am
Friday 8.00am to 9.30am

Orders can be placed online via www.flexischools.com.au and will be delivered to your child the following day.

Mrs Donna Hollindale, Uniform Shop Coordinator

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Upcoming Dates

MAY

28 Japan Trip Information Night (6.00pm)
29 Caloundra Show Public Holiday

JUNE

2 Prep – Year 2 Cross Country Carnival
8 Queen’s Birthday Public Holiday
9-10 G&T Camp (Buranga)
9-15 Senior College Exams
10 Primary Athletics Carnival – University of the Sunshine Coast
10-12 Middle College Exams
15 Year 8 Vaccinations
15-26 Year 10 Camp
16-17 Year 12 QCS Test Practice

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Did You Know?

The Great Wall of China is 2148 miles (3460km) long!

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All newsletters can be accessed in a printable format via our website

www.pacificlutheran.qld.edu.au, click on the “News and Events” tab, then “Publications”.

PACIFIC LUTHERAN COLLEGE

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Woodlands Boulevard,
MERIDAN PLAINS QLD 4551

For ENROLMENTS, please call
Mrs Chris Henschke (07) 5436 7321

Direct contact phone numbers are:
Room 1 - 5436 7377 Room 2 - 5436 7387

ST MARK'S LUTHERAN CHURCH

Sunday Services:

8.00am St Mark's Lutheran Church
16 Bombala Terrace, Caloundra
9.30am Pacific Lutheran College
Woodlands Boulevard, Meridan Plains
Worship in the Drama Room.

“Growing in Jesus Christ and Sharing His Love”

For more information, contact Pastor Ray Morris on 0429 856 532 or ray.morris@lca.org.au
<http://stmarkslutheran.caloundra.com>